Advice on the Coronavirus

• Whenever possible, stay at home and restrict your contacts, particularly if you belong to one of the groups who are particularly at risk (people over the age of 60 or with prior illnesses).

• Please stay at home if you have cold symptoms and avoid any kind of contact until all the symptoms are gone (at least 14 days).

• Be sure to wash and disinfect your hands regularly.

• Observe the correct etiquette when coughing or sneezing (into the crook of your arm).

• Avoid bodily contact when greeting other people and keep a distance of at least 2 metres to other people.

• Stores serving urgent everyday needs, pharmacists and doctors’ practices are still open.

• Help in obtaining supplies is available at 0211 89-98999 from 7 am to 7 pm on Mondays to Fridays and 8 am to 2 pm on Saturdays.

• General information hotline on the Coronavirus: 0211 89-96090